









Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Vegemince & Vegetable Pie (Ve) served with Mashed Potato 	Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice 	Cheese Flan or Quiche Served with Chips & Tomato Ketchup
Pasta	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese
Jacket or Sandwiches	Jacket Potato	Choice of Sandwich Ham or Cheese	Choice of Sandwich Ham or Cheese	Choice of Sandwich Ham or Cheese	Jacket Potato
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie & Fresh Watermelon Slice 	Chocolate Ice Cream

Portion(s) of
fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



**Our desserts meet Public Health
England's target for 'free
sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.