## Spring Summer 24 - Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Meat Main Meal Option 1 | Macaroni Cheese | Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad | Roast Gammon served with Skin on Roast Potatoes \& Gravy | Beef Bolognese \& Penne Pasta | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Vegetable Enchiladas Served with a portion of Sunny Vegetable Rice | Summer Veggie Sausage Hot Dog Baguette Served with Freshly Made Coleslaw Salad | Home Baked Vegetarian Lasagne 40 | Veggie Mince Bolognese \& Penne Pasta | Cheese \& Onion Puff Pastry Roll Served with Chips \& Tomato Ketchup |
| Pasta Choice | Pasta with tomato sauce or Pasta with cheese | Pasta with tomato sauce or Pasta with cheese | Pasta with tomato sauce or Pasta with cheese | Pasta with tomato sauce or Pasta with cheese | Pasta with tomato sauce or Pasta with cheese |
| Jacket or Sandwiches | Jacket Potato | Choice of Sandwich Ham or Cheese | Choice of Sandwich Ham or Cheese | Choice of Sandwich Ham or Cheese | Jacket Potato |
| Vegetables | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Ginger \& Mandarin Traybake | Strawberry Jelly (Ve) | Freshly Baked Chocolate Cookie | Flapjack Finger With a fresh slice of Watermelon | Homemade Shortbread Biscuits |


| Portion(s) of <br> fruit or veg |  | $\frac{1}{2}$ |
| :---: | :---: | :---: |



Our desserts meet Public Health England's target for 'free

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a sugar' intake for your child. child's recommended 'free sugar' intake.

