

# Autumn Winter Menu 2024/25



## WEEK ONE

Dates: 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 17<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar

WEEK ONE	GREEN EARTH MONDAY	TUESDAY Street Food/Favourites	WEDNESDAY Roast	THURSDAY Pasta Plus	FRIDAY Chippy Day
MEAT Main Meal Option 1	Macaroni Cheese 	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Red Tractor Beef Pasta Bolognese & Garlic Bread 	MSC Fish Fingers & Chips
VEGETARIAN Main Meal Option 2	Tomato, Baked Bean & Spiral Pasta Bake 	Cheese & Onion Roll & Wedges 	Quorn Roast & <u>Roast Potatoes</u> 	Vegetarian Bolognese 	Crispy Vegetable Fingers & Chips
Pasta	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese	Pasta with tomato sauce or Pasta with cheese
Jacket or Sandwiches	Jacket Potato	Choice of Sandwich Ham or Cheese	Choice of Sandwich Ham or Cheese	Choice of Sandwich Ham or Cheese	Jacket Potato
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn 	Red Tractor British Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn 	Baked Beans British Red Tractor Garden Peas 
Dessert	Chocolate Mousse and Orange Smiles 	Homemade Jam Buns & Custard	Chocolate Brownie	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard 

Available Daily: Pick & Mix Selection of Salad & Fresh Fruit

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.